



राष्ट्रिय मानव अधिकार आयोग

National Human Rights Commission, Nepal

केन्द्रिय कार्यालय Central Office

हरिहर भवन, पुल्चोक, ललितपुर, HariharBhawan, Pulchowk, Lalitpur, Nepal



Press Note

April 10, 2019

NHRC Conducted a discussion program with the Geriatric experts

National Human Rights Commission of Nepal conducted a discussion program focusing on the issue of senior citizens' health with Geriatric experts. The health-related issues and special caring methods of the senior citizens that are necessary to incorporate especially in the MBBS and Nursing syllabuses in the medical science's course were also discussed during the program.

The experts suggested that NHRC including the experts has to monitor the Geriatric wards in the hospitals to assess the existing status and to suggest for improvement. Similarly, they even suggested to develop the standards for monitoring the care centers of senior citizens, make efforts for necessary education and training for the specialist health workers in the national and international level, make effort to cause the implement of the NHRC recommendation to immediately pursue the policy of managing minimum one geriatric ward in one of the hospitals within the 7 provinces and a national level separate hospital for senior citizens. They also pointed out the necessity to formulate a strategy by the NHRC itself incorporating the senior citizens' related diseases and the ways to cure them and its implementation.

During the discussion, NHRC Hon. Chairperson Anup Raj Sharma opined that human rights is not only limited to the right to health, food and drinking water but it is multidimensional and comprehensive. Similarly, he also added that NHRC has already provided its recommendations to the Government of Nepal with an advice of establishing a national level separate geriatric hospital for senior citizens including others through its report monitoring the senior citizens' care centers of all over the country. Similarly, the Hon. member of the Commission Prakash Osti highlighted the aim of the program is to formulate the framework concerning the health care issues of the senior citizens recalling the mandate of NHRC as to provide recommendations and direction to the government with regard to ensure the respect, protection and promotion and the effective implementation of human rights. The Commission has already formed the geriatric expert team consisting of 7 members in the convenorship of former NHRC member Dr. Gauri Shankar Lal Das to support and to provide consultancy services to the NHRC with regard to the Commission's action on the enjoyment of the right to health by the senior citizens.

In the discussion, the convener of the Geriatric expert team Dr. Gauri Shankar Lal Das, Prof. Dr. Dhurba Raj Adhikari, Dr. Ramesh Kandel, Dr. Rachana Sharma, Dr. Lochana Shrestha, Dr. Narendra Singh Thagunna, the Officiating Secretary of the Commission Murari Prasad kharel, Directors Dr. Tika Ram Pokharel and Nava Raj Sapkota including other personnel of the Commission were presented.

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Murari Prasad Kharel

Officiating Secretary/Director

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